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# SOUTHERN WOMEN'S SHOW 2018

SHOPPING / FOOD / FASHION  
HEALTH / BEAUTY / FUN

## OCTOBER 18-21

### 4 DAYS OF BLISS

show specials  
celebrities  
live entertainment

## at the prime osborn convention center

thur 10a-7p fri 10a-8p sat 10a-7p sun 11a-5p



\*SUBJECT TO CHANGE. CURRENT AS OF 10/1/18



MEET SAVANNAH CHRISLEY  
from chrisley knows best, saturday



FIREFIGHTER FASHION SHOWS  
friday & saturday



MEET NAJA RICKETTE  
from LA hair

# SOUTHERN WOMEN'S SHOW.COM



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**It's time to FIND NEW ROADS™ with Chevrolet**, the Official Vehicle of the Southern Women's Show. Whether you are looking for versatility, exhilarating performance or exceptional efficiency, Chevrolet has the perfect vehicle for your life's adventures. Receive a **Gift Card** when you take a **Test Drive** and you'll be entered for a chance to **win a trip for two to the 2018 CMA Awards**. Be sure to stop by and **FIND NEW ROADS™ with Chevrolet**.



**#COMMITTOSLEEP AND ACCOMPLISH MORE WHEN YOU'RE AWAKE** No coffee? No problem! Make sleep your source of energy with a **Sleep Number** mattress. Don't believe it's possible? Stop by your local Sleep Number store or visit their exhibit space at the Southern Women's Show to learn how their innovative sleep solutions can help you gain the quality sleep you need that will lead to a healthier wellbeing.

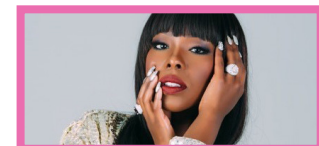


**MOTHER DAUGHTER DAY** Join us and the **Florida Dairy Farmers** for Mother Daughter Day on Saturday! The first 500 in the door receive a **Florida Dairy Farmers** spatula and baking mat. Don't miss special stage performances, giveaways and activities all geared towards mothers and daughters of all ages.



**CIGNA'S HEALTH IMPROVEMENT TOUR** There are four key health numbers that you should know about yourself - blood pressure, blood sugar, cholesterol, and body mass index (BMI) - which Cigna calls the Core Four. Knowing your Core Four, you can identify potential risks for major chronic diseases such as diabetes and heart disease, plus knowing can help underlie health costs. **Cigna's Health Improvement Tour** will offer biometric screenings and their health coaches will help you understand your Core Four numbers and explain what follow-up steps to take.

**WIN A GIFT CARD TO SHOP THE BELK PAVILION** We will be giving away one **\$20 Belk gift card** every hour throughout the show! Enter to win at the registration table by the Show Entrance.



**MEET DANA CODY OWNER OF TIPPIE TOES BEAUTY LOUNGE** Dana Cody was the star of *Boss Nails* on Oxygen, a reality show that followed the daily undertakings of Dana and her salon team as she oversaw and trained her team at Tippiie Toes. She also appeared on *Real Housewives of New York* as the soon to be step mother of Aviva Drescher.

**ARTISAN ALLEY** New this year! Check out **Artisan Alley**. This special area of the show includes unique, handmade items from companies like Surfside Gifts, Kraffy Max Originals, Couture Jems, Glamgirl Wreaths and Décor and more. Artisan Alley is located in the ballroom.



## FASHION & ENTERTAINMENT STAGE

### THURSDAY, OCTOBER 18

THE DAZZLING DIAMONDS | 11:00AM

DANA CODY AND TIPPIE TOES | 12:00PM  
Star of Oxygen's Boss Nails and Bravo's Real Housewives of New York

POLKA DOGZ PRESENTS! YOUR NEW BEST FRIEND | 1:00PM  
Presented by Polka Dogz Pet Rescue

PICK YOUR PURSE BINGO | 2:00PM  
Presented by 96.1 WEJZ and Salena's Accessories

SINGING, DANCING, AND FASHION | 3:00PM  
Presented by A Seasoned Affair, Inc.

MILLION DOLLAR LOOKS ON A SHOESTRING BUDGET | 4:00PM  
Presented by Petunia Patch Fashion Express

MOM & ME FASHION SHOW | 5:00PM  
Presented by Matilda Jane Clothing

WEDDING BIZARRE | 6:00PM  
Presented by Chloe' School of Etiquette & Modeling

### FRIDAY, OCTOBER 19

TRAVELER'S WEAR FEATURING AKIA UWANDA | 10:15AM  
Presented by Chloe' School of Etiquette & Modeling

## SPOTLIGHT STAGE

### THURSDAY, OCTOBER 18

THE QUALITY OF FASHION | 10:30AM  
Presented by Meanwhile Back on the Farm

WOMEN'S WORKSHOP | 11:30AM  
Presented by Home Depot

FREE CREATE AND TAKE WITH CHALK COUTURE | 12:30PM  
Presented by Mary Jo Markel, Premier Founding Designer with Chalk Couture

WALGREENS BEAUTY MAKEOVER | 1:30PM  
Presented by Walgreens

EVERYTHING YOU EVER WANTED TO KNOW ABOUT BRAS & BREAST CARE | 2:30PM  
Presented by Mary Black, R.N. of Colesce Custom Fitted Bras - Space 1225

NOW WE NO...CHERISH | 3:30PM  
Presented by Nspire Network and Savethep.com

M&M: A CLASS, A PARTY, A SOCIAL EXPERIENCE | 4:30PM  
Presented by Makeup & Mimosas

BUILD A TERRARIUM WITH PLANT NITE | 5:30PM  
Presented by Plant Nite Jacksonville

### FRIDAY, OCTOBER 19

CLAIM YOUR STAGE: ELEVATE YOUR INCOME, INFLUENCE & IMPACT | 10:30AM  
Presented by Boss Women Rock

FREE CREATE AND TAKE WITH CHALK COUTURE | 11:30AM  
Presented by Mary Jo Markel, Premier Founding Designer with Chalk Couture

## COOKING STAGE

Coordinated by Clara White Mission & Ashley Street Catering

### THURSDAY, OCTOBER 18

FLORIDIAN CUISINE - QUICK AND HEALTHY MEALS USING LOCAL INGREDIENTS | 10:30AM  
Presented by Chef Warren Caterson

SWEET & SPICY PEPPER SHRIMP ON PLANTAIN TOSTONES | 11:30AM  
Presented by Chef Ashley Mincey from MasterChef

COOKING WITH DAIRY | 12:30PM  
Presented by Chef Warren Caterson, Sponsored by Florida Dairy Farmers

FAMILY FAVORITES WITH PEANUTS AND PEANUT BUTTER | 1:30PM  
Presented by the Florida Peanut Producers Association

GET GORGEOUS: FROM THE KITCHEN, GARDEN & MORE! | 2:30PM  
Presented by Noreen Young

THAI CHICKEN LETTUCE WRAPS | 3:30PM  
Presented by Kerri Napoleon, Registered Dietitian, YMCA of Florida's First Coast

DEEP-FRIED SHRIMP AND SPINACH RICOTTA BALLS WITH A FIERY CHORIZO TOMATO SAUCE | 4:30PM  
Presented by Chef Jeff Philbin from MasterChef

EFFORTLESS ENTERTAINING | 5:30PM  
Presented by the Culinary Team at Ashley Street Catering  
Sponsored by Clara White Mission School of Culinary Arts

### FRIDAY, OCTOBER 19

FLORIDIAN CUISINE - QUICK AND HEALTHY MEALS USING LOCAL INGREDIENTS | 10:30AM  
Presented by Chef Warren Caterson

JOE AND THE ROCKETTES | 11:00AM

DANA CODY AND TIPPIE TOES | 12:00PM  
Star of Oxygen's Boss Nails and Bravo's Real Housewives of New York

POLKA DOGZ PRESENTS! YOUR NEW BEST FRIEND | 1:00PM  
Presented by Polka Dogz Pet Rescue

PICK YOUR PURSE BINGO | 2:00PM  
Presented by 96.1 WEJZ and Salena's Accessories

MILLION DOLLAR LOOKS ON A SHOESTRING BUDGET | 3:00PM  
Presented by Petunia Patch Fashion Express

MOM & ME FASHION SHOW | 4:00PM  
Presented by Matilda Jane Clothing

WE ARE FAMILY, I GOT ALL MY SISTERS WITH ME | 5:00PM  
Presented by bou'Tique 3:16

BLINGO BINGO | 5:30PM  
Presented by Kendra Scott  
Emceed by Local Heroes to Benefit Camp Amigo

FIREFIGHTER FASHION SHOW | 6:00PM  
Emceed by Cl of 95.1 WAPE

### SATURDAY, OCTOBER 20

MOM & ME FASHION SHOW | 10:30AM  
Presented by Matilda Jane Clothing

NAJA RICKETTE | 11:00AM  
Star of LA Hair

NOW WE NO...CHERISH | 12:30PM  
Presented by Nspire Network and Savethep.com

WOMEN'S WORKSHOP | 1:30PM  
Presented by Home Depot

DIY SIGN PAINTING: INTERCHANGEABLE MINI SIGNS | 2:30PM  
Presented by Paisley Grace Makery

EVERYTHING YOU EVER WANTED TO KNOW ABOUT BRAS & BREAST CARE | 3:30PM  
Presented by Mary Black, R.N. of Colesce Custom Fitted Bras - Space 1225

HOW TO BECOME SUCCESSFUL YOUTH ENTREPRENEURS AND CHANGE MAKERS | 4:30PM  
Presented by ARCHY Founder - Gabriella White and Goddess Food Factory - Chef Simone Bridges

BUILD A TERRARIUM WITH PLANT NITE | 5:30PM  
Presented by Plant Nite Jacksonville

### SATURDAY, OCTOBER 20

THE QUALITY OF FASHION | 10:30AM  
Presented by Meanwhile Back on the Farm

FREE CREATE AND TAKE WITH CHALK COUTURE | 11:30AM  
Presented by Mary Jo Markel, Premier Founding Designer with Chalk Couture

KIDS WORKSHOP | 12:30PM  
Presented by Home Depot

ALTAR-ATIONS/CREATE A PRAYER SPACE IN YOUR HOME AND PUT YOUR FAMILY LIFE ON A PATH TO PEACE AND HEALING | 1:30PM  
Presented by Brette Petway - Prayer Positive Advocate, Artist and Award-Winning Author of Prayer is Good, A Path from Grief to Peace

THE BEAUTY OF FALL IN YOUR KITCHEN & RECIPES | 11:30AM  
Presented by Noreen Young

COOKING WITH DAIRY | 12:30PM  
Presented by Chef Warren Caterson, Sponsored by Florida Dairy Farmers

FAMILY FAVORITES WITH PEANUTS AND PEANUT BUTTER | 1:30PM  
Presented by the Florida Peanut Producers Association

FLAVORS OF PUERTO RICO | 2:30PM  
Presented by Chef Amadeus

HIP ASIAN DUMPLINGS | 3:30PM  
Presented by Chef Dennis, Blue Bamboo Restaurant

EASY RECIPES FOR KIDS IN THE KITCHEN | 4:30PM  
Presented by Cooking with Caleb

IMPRESS YOUR GUESTS IN 30 MINUTES OR LESS | 5:30PM  
Presented by Chef Rosaria of This Chick Can Cook

EFFORTLESS ENTERTAINING | 6:30PM  
Presented by the Culinary Team at Ashley Street Catering  
Sponsored by Clara White Mission School of Culinary Arts

### SATURDAY, OCTOBER 20

FLAVORS OF PUERTO RICO | 10:30AM  
Presented by Chef Amadeus

MOTHER DAUGHTER CAKE DECORATING CONTEST | 11:30AM  
Presented by Cinotti's Bakery, Hosted by Clara White Mission School of Culinary Arts

COOKING WITH DAIRY | 12:30PM  
Presented by Chef Warren Caterson, Sponsored by Florida Dairy Farmers

FAMILY FAVORITES WITH PEANUTS AND PEANUT BUTTER | 1:30PM  
Presented by the Florida Peanut Producers Association

SAVANNAH CHRISLEY | 12:00PM  
Star of Chrisley Knows Best  
Emceed by Alexandria Livingston of First Coast News

COASTAL FLARE | 1:00PM  
Clothing Provided by Mermaid Cove  
Models by Sessions Modeling & Talent Agency

MOTHER DAUGHTER LOOK-A-LIKE CONTEST | 2:00PM  
Emceed by Jenese Harris of WXT Channel 4

WE ARE FAMILY, I GOT ALL MY SISTERS WITH ME | 3:00PM  
Presented by bou'Tique 3:16

MODELS IN MOTION | 4:00PM  
Presented by Dangerous Curves Jacksonville

FIREFIGHTER FASHION SHOW | 5:00PM  
Emceed by Henny!

### SUNDAY, OCTOBER 21

MODELS IN MOTION | 12:00PM  
Presented by Dangerous Curves Jacksonville

NAJA RICKETTE | 1:00PM  
Star of LA Hair

COASTAL FLARE | 2:00PM  
Clothing Provided by Mermaid Cove  
Models by Sessions Modeling & Talent Agency

WE ARE FAMILY, I GOT ALL MY SISTERS WITH ME | 3:00PM  
Presented by bou'Tique 3:16

DIY SIGN PAINTING: INTERCHANGEABLE MINI SIGNS | 2:30PM  
Presented by Paisley Grace Makery

CLAIM YOUR STAGE: ELEVATE YOUR INCOME, INFLUENCE & IMPACT | 3:30PM  
Presented by Boss Women Rock

NOW WE NO...CHERISH | 4:30PM  
Presented by Nspire Network and Savethep.com

BUILD A TERRARIUM WITH PLANT NITE | 5:30PM  
Presented by Plant Nite Jacksonville

### SUNDAY, OCTOBER 21

EVERYTHING YOU EVER WANTED TO KNOW ABOUT BRAS & BREAST CARE | 11:30AM  
Presented by Mary Black, R.N. of Colesce Custom Fitted Bras - Space 1225

FREE CREATE AND TAKE WITH CHALK COUTURE | 12:30PM  
Presented by Mary Jo Markel, Premier Founding Designer with Chalk Couture

ALTAR-ATIONS/CREATE A PRAYER SPACE IN YOUR HOME AND PUT YOUR FAMILY LIFE ON A PATH TO PEACE AND HEALING | 1:30PM  
Presented by Brette Petway - Prayer Positive Advocate, Artist and Award-Winning Author of Prayer is Good, A Path from Grief to Peace

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Presented by Paisley Grace Makery

BUILD A TERRARIUM WITH PLANT NITE | 3:30PM  
Presented by Plant Nite Jacksonville

COOKING COLLARDS FOR KIDS | 2:30PM  
Presented by Boys & Girls Club of Northeast Florida

COOKING WITH DAIRY | 3:30PM  
Presented by Chef Warren Caterson, Sponsored by Florida Dairy Farmers

MOMMY & ME SNACKS AND DRINKS | 4:30PM  
Presented by Matilda Jane

EFFORTLESS ENTERTAINING | 5:30PM  
Presented by the Culinary Team at Ashley Street Catering  
Sponsored by Clara White Mission School of Culinary Arts

### SUNDAY, OCTOBER 21

FLAVORS OF PUERTO RICO | 11:30AM  
Presented by Chef Amadeus

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